

#### **DOCTORS ONLINE**

## Where do you go when you need solid medical advice?

#### Google? WebMD? Facebook?

Let's face it, there's a lot of bad medical advice on the internet. With the Doctors Online service from eDocAmerica, you can get personalized answers within a few short hours from an expert team of U.S.-based board-certified specialists, including...

Physicians **Psychologists** Pharmacists **Dentists** Dieticians Fitness Trainers Alternative Medicine Doctors AND MORE!

#### Questions others have asked, and you can, too!

My doctor recommended I increase calcium in my diet and I'm allergic to dairy products. Can you tell me the foods that are high in calcium?



My baby just turned 6 months and the flu season is beginning. Should he receive the flu vaccine?



I have kidney cancer. My



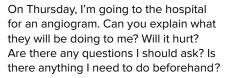
I have attached a picture of my son's foot. He developed a rash on both feet, and it itches intensely. Do you know what this could be?



My doctor just prescribed another medication for me in addition to one I already take daily, are these medications safe to take together?



doctor suggests surgery. What questions should I consider first?





During the past 6 months, I have been diagnosed with high blood pressure, lost a loved one, and cared for my daughter through a serious illness. I've lost interest in many activities I once enjoyed, can't sleep at night and I feel in a funk. Do you think I am struggling with depression?



Login at www.freshbenies.com or download the freshbenies app AppStore







# **FAQs**

• How does it work? • Answer: Follow the instructions in vour freshbenies Member Info Booklet, login at www.freshbenies.com or download the freshbenies app to ask your question.

Can I get a prescription written? • Answer: You won't get a prescription through this service, but you will get 24/7 access to trustworthy, personalized medical advice in a few hours.

#### Is this service available to my • family?

Answer: Yes, all your IRS dependents are included in the freshbenies services.

• Will I receive instant answers? • Answer: You'll have an answer back in a few hours, but within 24 hours guaranteed. Many times, the specialists will take time to research or reach out to other preferred experts to get solid answers and find resources to share with you.

Is there a cost to use the service? Answer: No! And, there's no limit to the number of questions you can ask.

My family practitioner told me the nodule on my neck was quite common and there wasn't any cause for concern. I sent an email to Doctors Online to get a second opinion — the doctor was very personal and sent a lengthy email telling me it was very, very important for me to seek additional attention. I had 2 biopsies and it turned out to be thyroid cancer. I really feel that if I did not use this service, I would not have found my thyroid cancer or be cancer-free today.

Denise from TX

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